

What is religion?

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What is religion?

Is it a thought? Is it a word? Is it a society? Does it happen around the world?

Who chooses what religion we follow?

Is it passed down from generation to generation?

Or is it provoked by a single moment in life?

These answers are unknown,

Floating around in an endless dome

To understand, we have to start at the beginning

With the one that does all the maternal healing

What is religion? I asked my mom

It is a lifestyle, a way of living

A map to know what is right, what is wrong

Our Lord and Savior is like no other

We fast because we believe

We trust because we have faith

For the Bible is the only way

We show our dedication on Sunday

Praising the Lord for his glory

So that no other can tell our story

This is my mom's religion

But is it mine?

An answer I have been searching for since my college time

Do I love the Lord? Do I believe in his word?

The answer is yes,

But to what extent

I go out, I party, I drink, I smoke, I have fun

But is this of the Lord

Do I have to be as dedicated as my mother

If not, do I stray away just like the others

I believe that Jesus died for us, and He is the reason for the season

But in my season, I have been forced to question everything

My mental health has taken a toll, and I am starting to move away from what I have

known. I love my mom, and I follow what she taught me

But in this phase of my life, I have to do more soul-finding